

Acro Jam Workshop and Artist Shadowing with Revel Puck Circus

The Revel Puck Circus (RPC) will be touring to Gosport in 2024 with their new show *The Nose Dive Assembly* and will deliver a programme of trailblazing family friendly circus in their big top alongside opportunities for the local community and emerging performance talent.

As part of the project RPC, in partnership with Crying Out Loud, are offering workshops with their professional artists to act as catalysts into the creative industries.

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| Dates: | Thursday 04 or Friday 05 July 2024 |
| Location: | RPC Big Top, Fort Brockhurst, Gunners Way, Gosport PO12 4DS |
| Time: | 10am-6.30pm, plus an invite to the show, 7-9pm |
| Suitability: | Age 18+ with a commitment to developing skills |
| Experience: | Some experience of physical movement training in dance, gymnastics or circus skills |
| Clothing: | Close fitting clothing that they feel comfortable to move in. For the Acro Jam, avoid baggy clothes with zips or lumpy bits. RPC operate a shirts-on training space for consideration of body image sensitivity. Bring layers as it'll get colder in the evening |
| Other info: | Bring food for dinner or you can buy on site if attending the show |

Focus:

Training for circus and movement artists will offer a valuable insight to the day-to-day work of a circus artist. Participants will join an Acro Jam, led by the RPC professional artists, learning to lunge, work in teams and safely develop movement and group acrobatic skills.

There will be a Q&A with the RPC artists and an opportunity to meet the team from Crying Out Loud who are working across the Solent to support artists. Participants will shadow the RPC artists as they attend show notes, warm ups and presets before you attend *The Nose Dive Assembly* show.

Schedule:

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| 10.00am-2.00pm | Acro Jam |
| 2.00-3.00pm | Lunch break with cast and crew (lunch is provided free of charge) |
| 3.00-4.30pm | Q&A and meet Crying Out Loud |
| 4.30-6.30pm | Shadowing artists as they attend show notes, warm ups and presets |
| 7.00-9.00pm | Invite to watch the show |

What could this lead to for a participant?

This workshop will give you experience that can act as a launch pad into further training and development opportunities in performing arts. Participants will gain valuable insights into the working day of a performer and gain professional training in group acrobatics.

Access

This is a fully accessible inclusive post open to people of all bodies. RPC operate an accessible site and will work with applicants to accommodate the needs of their bodies. If you have any questions about access, please raise these when you apply for your place.

How to book your place:

The workshop is offered at £10 per person, [book your place](#).

Help is available to assist with travel costs (please detail any travel requirements by contacting us at projects@cryingoutloud.org). Priority will be given to those living in or with professional connections to the Solent area (Gosport, Portsmouth, IOW, Havant, New Forest)

www.revelpuckcircus.com / www.cryingoutloud.org

Workshops have been made possible with support from Crying Out Loud, Arts Council England and English Heritage.